



INTERNATIONAL ASSOCIATION
"HEALTH AND PROSPERITY"



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«HEALTH AND PROSPERITY»



International Association "Health and Prosperity" WORLD HEALTH
INDUSTRY AND ECONOMIC DEVELOPMENT
ALLIANCE (WHIEDA) is an international organisation in the healthcare
industry. It is headquartered in China.



Guided by the "One Belt, One Road"
international cooperation initiative in promoting a
culture of healthy living, WHIEDA aims to create
a one-stop platform for cooperation and
experience sharing among enterprises, industry
organisations, research institutes, health experts
and scholars.



WHIEDA also has as its main objective to
stimulate the flow of international investment in
the development of interregional co-operation in
the field of health, thereby promoting
a "global revolution" in the health industry. The
Association endeavours to do its utmost for the
sustainable development of the global health
industry for the benefit of all mankind.



STRUCTURE

International Association "Health and Prosperity."

WHIEDA International Health and Prosperity Association is headed by a Presidium (Chairman, Executive Chairman and several Vice-Chairmen), its main structure consists of a Secretariat, Industrial and Economic Development Committee, Health Education Committee, Advisory Committee of Industry Experts, Committee of on financial support of production and other committees. The Association also includes regional branches, such as the Eurasian Health and Prosperity Association, the African Health Association, and the African Health and Prosperity Association. and Prosperity and the Health and Prosperity Association of the Americas and Oceania.



MANUAL

INTERNATIONAL ASSOCIATION

Mr Han Jinmin

Chairman of the International Association of "Health and Prosperity" (WHIEDA) Chairman of the Board of Directors of Tianjin Fohow (Tianjin) Pharmaceutical Co., Ltd. Chairman of the Board of Directors of FOHERB Corporation Executive Director of the China Association for the Promotion of International Investment Realisation Deputy Director of the Research Committee for the Study of Drugs for the Prevention and Treatment of Chronic Diseases under the Association of Chinese Traditional Medicine



IT'S FASHIONABLE TO
BE HEALTHY

We must build and develop a healthy society, to act on the concept of "The Silk Road to Health, develop a culture of healthy lifestyles and actively promote health literacy among the population.



Mr Qiu Junsheng

Executive Chairman of the International Association of "Health and Prosperity (WHIEDA) President of Fohow (Tianjin) Pharmaceutical Co., Ltd. President of FOHERB Corporation Chairman of the Board of Directors of Fohow Technology Development Co., Ltd. Executive Vice-President of the China Business and Economics Research Community

THE MAIN TREND OF THE 21ST CENTURY IS A HEALTHY LIFESTYLE

Every human being strives to a healthy and quality life. As an international organisation, the Association "Health and Prosperity" focuses on sourcing high- quality products and enhances industrial modernisation opportunities, thereby contributing to a single global platform for building a healthy society.

MANUAL

INTERNATIONAL ASSOCIATION

Mr Liu Ting

Vice-President of the International Association of "Health and Prosperity" (WHIEDA) Chairman of the Eurasian Health and Prosperity Association Vice-President of FOHERB Corporation President of Taiji International Corporation and Health Priority. Many years of experience in international companies and multicultural management



Eurasian Association

"Health and Prosperity" has developed a specialised international a business platform for co-operation between leading enterprises and various organisations in the health sector. The Association also endeavours to contribute to the development of the health industry in the countries of the Eurasian region by providing its customers worldwide with only high quality products and services.



Mr Tsodi Dodi

Vice Chairman of WHIEDA Eurasia
President of FOHERB in Western
Europe Member of the international
committee of Chinese citizens living
abroad Active in the European
healthcare industry for decades and
has a wealth of experience in the
company

AT WHIEDA WE ARE COMMITTED
TO THE PRINCIPLE OF "PARTNER
FIRST".

We believe that only by fulfilling the needs of our partners can we become the global market leader in direct selling. By continuously improving our services and product quality, we strive to exceed our partners' expectations by making WHIEDA is a successful and reliable platform recognised worldwide.

FOHERB

CORPORATION

After 15 years of rapid and sustainable development, FOHERB Corporation has become a major biotechnology company, products

Company Activities

The company's activities span various sectors, including healthcare, e-commerce, biotechnology research and development, education, and more, across multiple countries in Europe, Asia, North America, and Africa.

Corporate Mission

FOHERB's corporate mission is to promote and cultivate a culture of healthy living while striving to benefit every individual.



Through years of research and successful innovation, the company has developed "Three Doctrines of Health: healthy eating, healthy behaviour and healthy mind". These doctrines are based on a combination of the main principles of Western dietetics and Chinese traditional medicine, as well as on the latest achievements of modern science.



FOHERB Corporation is committed to providing its customers with worldwide high quality products, professional services and a specialised business platform for interaction, enabling thousands of families to improve their quality of life.

FOHERB's specialist Professor Zhang Daning, a master of Traditional Chinese Medicine, is an international consultant for the promotion of healthy lifestyles, and collaborates with world-renowned institutes and research centres to create a one-stop shop where production, training and research come together.



TIANJIN PHARMACEUTICAL COMPANY FOHERB

Fohow (Tianjin) Pharmaceutical Co., Ltd., a subsidiary of Foherb Corporation, produces high-quality food products, medical devices, cleaning products, cosmetics, kitchenware, household appliances, and other goods.



The enterprise includes modern equipment, sterile shop, hermetic shop, dustless cleaning shop, etc.



Process is organised according to with international quality standards and advanced technologies.

For many years, Fohow (Tianjin) Pharmaceutical Co., Ltd. has been engaged in corporate philanthropy, actively participating in such charitable activities as disaster relief, material and financial assistance, targeted social assistance for the needy, support and care for the orphans and more. Fohow is widely recognised in many countries around the world for its strong social responsibility.



QUALITY AND SAFETY



Scientific approach

Fohow Company (Tianjin) Pharmaceutical Co., Ltd. is committed to investing in the construction of fully automated production lines and practices a rigorous scientific approach to the management process, all this undoubtedly guarantees the quality and safety of the products throughout the entire production cycle.



Certificates

The company's products have successfully passed the necessary tests and certifications in many countries around the world. The company's products have such certificates as GMP for food and drugs, ISO9000 for compliance with international standards, HACCP, "Certificate of Pharmaceutical Product" FDA USA, Kosher and Halal certificates. Since 2007 company's products are supplied to Europe, Asia, Africa and other regions.

Fohow (Tianjin) Pharmaceutical Co., Ltd. is a member of the World Economic Forum, a member of the Cancer Roundtable, a member of the Asian Brand Council, Vice Chairman of the China Council for International Investment, Vice Chairman of the China Union of Joint Stock Companies, and Chairman of the China Business and Economic Research Community.



EURASIAN ASSOCIATION

«HEALTH AND PROSPERITY»

The Eurasian Association "Health and Prosperity" is a service platform for collaboration in the healthcare sector across European and Asian countries.

Activity

The Association was established in the context of the "One Belt, One Road" concept, its activities mainly, is aimed at developing inter-sectoral co-operation and increasing consumer demand, to stimulate investment activity and employment growth in the countries of the Eurasian region.

Structure

The organisational structure of the Eurasian Association "Health and Prosperity" consists of business school, commerce department, expertise department, e-commerce department, marketing department and others. There are branches in Russia, Ukraine, Kyrgyzstan, Mongolia, Kazakhstan and other countries.

The Association successfully promotes the interests of companies, assists in finding efficient resources, provides support for investment activities and investment project support, and helps to enter international markets. Currently, the Eurasian Association "Health and Prosperity" provides the following services: international offline sales, international consulting, international conferences, international TV advertising, international outdoor advertising, advertising with the participation of world stars and bloggers, customs clearance of goods, PR-management, promotion of goods and services, assistance in opening branches, etc.



Members of the International Association

"Health and Prosperity."

Fohow (Tianjin) Pharmaceutical Co., Ltd.

Group of Companies
"Health Priority."

Foherb (Tianjin) Daily Use Commodity Co., Ltd.

Corporation
"Taiji International"

Tianjin Fohoway Group Co., Ltd.

Foherb branches in Asia
Myanmar, India, Indonesia

Fohoway (Tianjin) Technology Development Co., Ltd.

Foherb branches in Africa
South Africa, Nigeria, Ghana, Côte d'Ivoire, Cameroon

Eurasian Association
"Health and Prosperity."

Health Priority branches
Russia, Mongolia, Kazakhstan, Kyrgyzstan, Tajikistan, Turkey



WHIEDA AND TKM

To promote a culture of health, WHIEDA has invited as an advisor a professor of Chinese traditional medicine - **Zhang Daning**.

He is the founder of nephrology in traditional Chinese medicine, an academican of the International Eurasian Academy of Sciences and an authoritative expert in the field of health among Chinese decision-makers and in the scientific world community. The International Astronomical Union named asteroid 8311 in honour of Zhang Daning, who was the first modern a medical scientist so honoured.



FOHERB COMPANY

is a biotechnology corporation engaged in research, development and production of health and wellness products for the European, Asian, North American and African markets

The company is a member of the World Economic Forum, a member of the Roundtable on Cancer, and a member of the World Cancer Council. to the enterprises of new and high technologies of national importance.

FOHERB products have been certified in many countries including China, USA, Europe and the UK. FOHERB's series of cordyceps-based nutritional supplements have been attracting hundreds of millions of consumers in the global market for over a decade.



DEVICE

VENTUN 1.0

2200 €
1500 PV



The feet are the "second heart" of the human being and are covered with a network of nerve endings that are connected to the brain



Remote control



Roomy footrest



Easy and convenient operation



Miniature and portable

4 main functions

1

Thermal radiation

stimulates acupuncture points on the feet and accelerates the movement of blood and cells in the body

2

Heating belt

with far-spectrum infrared radiation affects the deep tissues of the body, gently and continuously warms the muscles, improving blood circulation and relieving muscle fatigue

3

LED therapy

with red light waves (633 nm) and blue light waves (415 nm) has an anti-inflammatory effect, and antibacterial effect, eliminates swelling, accelerates wound healing, whitens and rejuvenates the skin

4

Ionisation

creates an environment with a high concentration of positive and negative ions to purify the air from bacteria. Makes the air clean, fresh and pleasant

SYSTEM

FOR A HEALTHY SLEEP 4 IN 1

FOHERB Sleep System

A four-piece bedding set with negative ions and far-infrared radiation, designed with jacquard weaving. Lightweight, luxurious, and elegant.

2200 €
1500 PV

Made from pure cotton material

Comfortable and gentle on the skin, it enhances blood microcirculation, promotes improved metabolism, and ensures a restful sleep.

- Revitalising the respiratory system
- Getting rid of from free radicals
- Wellness Nervous System
- Deliverance odour control



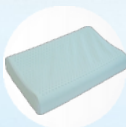
The kit includes



WHIEDA Gift
Suitcase



Double blanket
(summer and winter)
Size 200×230



2 cushions
Size 60×40×12

16



Bed linen
of 4 accessories:
2 pillowcases, sheet
and duvet cover

HOUSEHOLD APPLIANCE

MAGIC FOHERB (BIOMASSAGER)

Based on the principles of traditional Chinese medicine and applying modern bionic and ergonomic technology, the biomassager combines several functions simultaneously: pulse, laser, vacuum and thermal heating. This makes it easy to carry out preventive and therapeutic procedures at home without visiting a clinic: acupuncture, therapeutic massage, massage with jars, guasha massage (Bone scraper massage; acupuncture point treatment method in traditional Chinese medicine) and other procedures. The biomassager can also be used in cosmetology, to lose weight and fight cellulite.

785 €
500 PV



TYPES OF



MASSA
GEPulse
massage



Negative pressure
massage (vacuum)



Laser
massage
17



Thermal massage

MINISAUNA BA-GUA

It is a mini sauna that utilises special technology and the physical properties of stones such as tourmaline and black jade

786 €
500 PV

Our sauna with the help of healing stones and special fabric construction creates a unique microclimate that has a therapeutic effect on the whole body: improves blood microcirculation and metabolic processes, removes toxins and toxins, improves skin condition, fights inflammatory processes and pain, relieves fatigue and helps to relax.

- Toxin elimination through sweating
- Normalization of acid-base balance
- Reduction of lipid levels and regulation of blood pressure
- Cosmetic effect
- Antibacterial and pain-relief properties: Far-infrared radiation and anions help prevent bacterial growth.
- Neutralization of free radicals: The high content of anions boosts vitality and overall body tone.



LIMITATIONS

It is not recommended for persons with thyroid disorders; pregnant women, infants and children; persons with cancer; persons with metal implants in the body; persons with dermatological diseases; persons with coronary bypass surgery, pacemakers and severe heart failure; persons with alcohol dependence; and persons with infectious diseases.

CELL ACTIVATOR (JIHO APPLAUSE)

High-tech product for cellular physiotherapy,
specially developed for «microphysiological
regulation»

605 €
500 PV

By exposing the body to high frequency THz waves, large amounts of anions (negative ions) are delivered to the cells, thereby eliminating excessive accumulation of positive ions in the body. Quantum technology enhances the penetration of THz waves, causing them to target damaged cells more precisely. The main function of the activator is to promote human cell regeneration, repair cells, kill bad and mutated cells, clear meridians and lymph, remove cold and dampness, and reduce inflammation and pain.



KEY TECHNOLOGIES



Quantum technology



Terahertz technology



Low frequency waves
long-spectrum

SMART WATCH

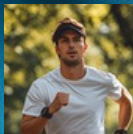
60 €
30 PV

Watertightness level

IP68



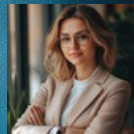
For health



For life



For work



Pedometer

Trade steps for cashback,
cashback for a discount!

Main Functions

- Phone calls
- Sleep monitoring
- Messages
- Notices
- 123 sport modes
- Weather
- Health monitoring
- Alarm clock
- Stopwatch, timer, etc.

SAFETY KIT

350 €
250 PV

The magnetic belt is designed according to the structure of the human body



Allows you to effectively eliminate fatigue and relieve lower back pain



Equipped with a functional pocket to accommodate the Wormwood warming set of thermal moxa therapy liners



Elastic, comfortable, durable and beautiful

The main material of the belt, kneepads and collar is tourmaline fibre

- Can emit far infrared rays of 4-14 microns (called "light of life"), which improves blood circulation in the lower back area
- Contains bamboo charcoal particles
- Elastic, moisture absorbing and breathable
- Warm in winter and cool in summer
- Antibacterial and environmentally friendly

Composition: 43% polyester fibre (tourmaline), 35% cotton, 22% elastane, 4 pcs. magnetic granules, padding: 4 pcs. (inside contains 14 granules).

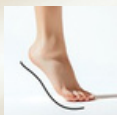
Sizes: M, L, XL, XXL(80-90, 90-100, 100-110, 110-125).

CORRECTIVE INSOLES

133 €
100 PV

Due to gravity, force, pressure, and occupational characteristics, the spine curves, resulting in a deformation of the skeletal framework as a whole

Corrective insoles - the key to the health of your feet and your whole body



Manufactured in full conformity with the anatomical features of our insoles perfectly match the curves of the foot, improving the stride, facilitating joint function and normalising body balance.



20 thousand massage points have an activating effect on the reflex zone of the foot.

Uniform pressure distribution
on the foot



Massage of the reflex
zone of the foot



Stimulation of blood
microcirculation in blood vessels



Correction of flat feet and
other foot curvature defects



Strengthening the correct
shape of the foot



Correction of posture and normalisation
of axial balance of the skeleton



HIGH-TECH GLASSES

(adults and children)

Thanks to the combination of quantum wave technology and high-tech anti-reflective coating coverage is achieved by incentivising blood supply in the eye area, the capillary circulation system expands.

66 €
50 PV

Visual strain, visual stress and dry eyes can be caused by spending long periods of time sitting at a computer at a short distance from the monitor.



Our glasses reduce tension and stress by helping the eyes find the the natural focal distance to the computer monitor.

Protection against aggressive fluorescent radiation

The anti-reflective coating, tint and lens geometry of our glasses ensure sharpness and clarity vision, create extra focus for protection. for tired eye muscles.



Adult sunglasses



Children's glasses



+ Relieve sensations in the eyes and head, dryness, swelling, photophobia and watery eyes

+ Filter out harsh, high-energy parts of the spectrum and create a more comfortable viewing environment

+ They have an arc angle that is optimal for our vision, preventing the development of myopia

+ The frame of the glasses is made of graphene composite materials RAB/C. Graphene contains negative ions (anions) from 1 000 to 2200 anions per cubic centimetre

ENERGY STOLE

The FOHERB energy stoles are care for your health, comfort, elegance. Elegant and fashionable, it'll keep you warm and keep you warm.

163.35 €
100 PV

The high quality material is based on a scientifically selected ratio of polyfibre with germanium

Comfortable
in use

Elegant
appearance



Improves microcirculation of the blood system, relieves fatigue and tension, gets rid of problems in the neck and throat area.



Promotes metabolism, revitalises formative cells, promotes the elimination of toxins from the body



Slows skin aging, improves health status

47% cotton, 45% polyester, 8% spandex
Colors: elegant grey, grapefruit red, blue sky

Size: 198×140 cm

GRAPHENE SOCKS

60 €
50 PV

Graphene socks are developed based on Hongkong RAB / G material

After successful development, RAB/G has been tested by professional institutions such as China Aerospace Laboratory, the Main State Laboratory for Modification of Fibrous Materials, National Centre for Textile Quality Testing and Control, etc.



- Do not lose their properties when reusable
- Free of heavy metals
- Lightweight and comfortable without squeezing the leg
- Health improvement with the help of infrared radiation and anions
- Improving blood circulation
- Antibacterial effect
- Effects on foot acupuncture and body meridians
- Protection against parasites (demodex mite)

Composition: 40% polyamide copolymer 6; 30% lyocell fabric; 30% cotton
5 pairs

ANIONIC PADS

Day and night pads have a 9-layer structure, daily pads have a 6-layer structure. Their specially designed structure allows the skin to breathe.

The water absorbent absorbent from Japanese brand Sumitomo locks the liquid inside, and the three-piece wings prevent leaks

Speciality chip with four-leaf clover pattern (daily pads): has antioxidant properties

Yew wood layer prevents the development of cancer diseases

Daily 16
packs
80 €
50 PV



- Anion chip inhibits bacterial growth, has anti-inflammatory properties and antibacterial action
- Absorb specific odour and relieve menstrual discomfort

Mix 19-
pack case
80 €
50 PV



- Beneficial effect on the pelvic organs, improve blood circulation
- Convenient packaging, which can be repeatedly opened and hermetically sealed



Far infrared radiation (thermo effect) cares for the uterus and pelvic organs, relieves menstrual discomfort, alleviates dysmenorrhoea, magnetism cleanses the uterus and detoxifies, improves sleep



Отрицательные ионы поглощают специфический запах и улучшают кровообращение



Нано серебро оказывает противовоспалительное, антибактериальное действие

ANTIBACTERIAL GEL FOHERB

FOHERB antibacterial gel consists of natural plant extracts with antibacterial action and natural bioactive ingredients

42 €
25 PV

It not only has a disinfectant and spermicidal action, but also provides preventative care and protection. Shanghai Microbiological Laboratory conducted special tests that scientifically proved that the antibacterial gel destroys human immunodeficiency virus (HIV-1) by 99.53%. The gel has a unique composition on a natural and vegetable basis, so it acts gently and safely.

Antibacterial and antiviral action

Promotes the removal of senescent (old) cells and blood clots that have accumulated in the uterus and vagina

Nourishes the vaginal mucosa, stimulates metabolism and cervical cell secretion

Effectively maintains natural moisture and pH balance of the internal environment, and also helps prevent dryness and discomfort

It has a spermicidal action, which, in contrast to the other synthetic contraceptives do not damage mucosa vaginal membrane

Ingredients: Garlic derivative, Japanese honeysuckle extract, Pueraria root extract, yellowish sophora, bamboo leaf extract, aloe vera extract, Chinese philodendron extract, dried monnier root fruit extract, amino acid complex. 4 g × 6 pcs.



Intimate hygiene gel

Careful attitude to the health of the intimate area!

- + Contains no soap, alcohol, fragrances or colourings
- + Colourless, odourless, does not irritate delicate and sensitive skin
- + The pH level of 5.13 is close to the pH value of human skin
- + Specially designed mildly acidic formula supports the natural environment of the intimate area, soothes the skin and gives a feeling of freshness
- + Gently cleanses with an antibacterial effect

Set
240ml + 50 ml
55 €
30 PV



Protection all day long



Feel refreshed and comfort every day



The magic of oriental plants

Extracts of 5 main herbs: garlic, honeysuckle, yellowish sophora root, fruit of Monnier's stubble root, Amur velvet bark

24 €
15 PV

Thanks to a specially developed formula and a special combination of ingredients, the toothpaste helps prevent bacterial growth and normalises the pH balance in the oral cavity, eliminates bad breath, improves the health of teeth and gums.

TOOTHPASTE WITH EXTRACT POLYNES.

(6 pcs.)

Toothpaste is made according to the classical recipe of traditional Chinese medicine and contains extracts of the

following ingredients
plants like wormwood,
zanthoxylum, arhat.



It is made from high quality ingredients and has a safe formula



Internationally certified



Does not contain antibiotics



No side effects



Suitable for pregnant women, children and the elderly



The fresh and floral fragrance will get rid of bad breath and will keep your breath fresh for a long time.

Ingredients: Artemisia extract, zanthoxylum extract, arhat extract.
120 g × 6 pcs.



FOHOU ELIXIR

The formulation of Fohou Elixir is developed based on the Yin-Yang energy balance theory using a unique patented production and processing technology

35 €
25 PV

Fohou Elixir normalises the Yin-Yang balance, promotes immunity, has anti-tumour effects and many other beneficial properties.



6 vials × 30 ml



- Normalising the Yin-Yang balance and strengthening
- immunity Antitumour effect
- Restore energy at the cellular level and fight fatigue
- Normalisation of heart function
- Normalisation of liver function
- Normalisation of respiratory system function
- Normalisation of kidney function
- Normalisation of hematopoietic function
- Normalisation of lipid and blood sugar levels

Indications for use

A state of indisposition; various types of tumour diseases; various lung, liver diseases kidney and kidney diseases; cardiovascular and cerebrovascular diseases; diabetes mellitus; weakened immunity and recovery period after illness; middle-aged persons and the elderly, as well as those who lead a healthy lifestyle.

Ingredients: Cordyceps extract, lingzhi spores, shiitake mushroom extract, honey, etc.

SANQING FOHOU ELIXIR

The elixir has three main actions: cleansing the intestines, eliminating toxins and cleansing the blood of lipids

35 €
25 PV

The elixir consists of made of natural ingredients and contains no chemical or hormonal additives



6 vials × 30 ml



Cleansing the intestines of stale and poisonous accumulations



Cleansing the body of metabolic waste (toxins)



Cleansing the blood of lipids

Sanqing Fohou Elixir is developed Research and Development Centre of the FOHERB Group according to with the principles of traditional Chinese medicine, as well as using unique low temperature extraction technology and sub-nanometre cell wall disruption technology.

Ingredients: aloe vera gel, stachyose, chitin, chrysanthemum flower extract, dried ginkgo leaves, black tree mushroom, ling, cordyceps, etc.

ELIXIR

"3 JEWELS OF FOHOW"

Elixir 3 Jewels is made on the basis of Fohou Elixir concentrate with the addition of black ant extract

35 €
25 PV

The elixir is made from natural ingredients and contains no chemical or hormonal additives



6 vials × 30 ml



Antirheumatoid and anti-rheumatic effects



Supportive therapy for hepatitis B



Calming effect in diabetes mellitus



Slows down the aging process in the body



Reduces the side effects of chemotherapy



Improves sexual function, tonifies the kidneys

The Elixir is made using a unique technology of low-temperature extraction and sub-nanometer technology of cell wall destruction, thanks to which the active nutrients are fully preserved and easily absorbed by the body.

Indications for use: rheumatism and rheumatoid diseases; bone and joint diseases; hepatitis; sexual dysfunction, decreased male potency; diabetes mellitus; recovery period after illness.

Ingredients: Cordyceps extract, lingzhi spores, shiitake mushroom extract, black ant extract, honey, water.

PASTE

QINGFENG

120 €
70 PV

- + Natural natural ingredients
- + Easily digestible
- + Traditional Chinese Medicine Recipe



Hawthorn fruit

Regulate lipid levels in the blood, protect the liver, lower blood pressure.



Goji berries

Nourish the liver and kidneys, strengthen eyesight, slow down aging processes in the body



Celery powder (apigenin)

It has a diuretic effect and reduces oedema



The stem of the medicinal dendrobium

Strengthens the stomach and improves its secretion



Malta syrup

Replaces natural honey, low calorie sugar alcohol does not stimulate insulin production



Indications for use

- Smoking and alcohol consumption
- Unhealthy diet
- Obesity
- Middle-aged and elderly
- Chronic diseases
- Joint discomfort
- Lack of physical activity
- Gout

Ingredients: Maltitol, hawthorn fruit, celery powder, stem of medicinal Dendrobium, goji berries, purified water. 480 g (4 tubes of 120 g)

PASTE

ROSE FOHOW

14€
10PV

Rose FOHOW contains prebiotic oligosaccharides, which are extracted from natural plants

They are not broken down in the upper GI tract, so the beneficial bacteria multiply 10-100 times faster, at the same time they inhibit the growth of harmful bacteria.

- ✓ Normalises digestion, eliminates constipation and diarrhoea
- ✓ Improves mineral absorption and vitamin synthesis in the body, strengthens immunity
- ✓ Stimulates the growth of bifidobacteria, lactobacilli and other beneficial bacteria in the intestines
- ✓ Prevents obesity, promotes weight loss
- ✓ Promotes the elimination of toxins
- ✓ Soothes, nourishes and cares for facial skin, regulates the endocrine system



- The product is presented in the form of a paste
- Has a pleasant aroma and flavour
- Suitable for daily use

Ingredients: Rose flower extract, oligosaccharides, stachyose.

120 g

TEA

LIUWEI CHA FOHOW

16 €
10 PV

Liuwei Fohou tea is made according to ancient Chinese recipes that have been passed down from generation to generation

The tea contains six medicinal herbs: three-year-old puerh tea, astragalus, sage, five-leaf ginseng, chrysanthemum, Japanese honeysuckle, the ratio of which is specially selected. It has a pleasant, mild and slightly sweet flavour.



Improves digestion and blood circulation



Relieves blood stasis



Gets rid of fever, removes toxins



Has a cosmetic effect



Reduces blood pressure and blood lipid levels



It has a diuretic effect



Consumption of Liuwei tea before and after meals will help to reduce significantly the amount of fat absorbed, is good for the prevention of cardiovascular, cerebrovascular diseases and diabetes, as well as improving digestion and preventing fat accumulation in the body. Liuwei tea will help smokers to relieve sore throat, and also has a preventive effect on chronic bronchitis and respiratory diseases.

Ingredients: Pu-erh tea, astragalus, sage, five-leaf ginseng, chrysanthemum, Japanese honeysuckle.
30 tea bags × 2 g

CAPSULES

SHUECHINFU PHOENIX

50 €
40 PV

Xuechinfu capsules are the result of years of work by experts at the FOHERB Group Research and Development Centre

The capsules promote blood purification, strengthen blood vessels, and help to regulate the The 3 main blood counts (blood pressure, sugar level, lipid level), are effective in hypertension, coronary heart disease, cerebrovascular thrombosis, atherosclerosis, cerebrovascular insufficiency, post- stroke, menopause, as well as slowing down the aging process in the body.



Ingredients: Natto (traditional Japanese food made from fermented soya beans), grape seed extract, five-leaved gynostemma extract.
120 capsules × 450 mg



Thrombolytic action

Natto extract has a powerful thrombolytic action, dissolves formed blood clots.



Softening of blood vessels

Grape seed extract, OPC proanthocyanidin, is a new highly effective antioxidant.



Reduced blood pressure

Gynostemma extract is used as a powerful remedy to lower blood pressure, lipids and blood sugar, and also has thrombolytic ability.

COMPLEX PROTEIN POWDER

60 €
30 PV

A scientific approach to weight loss and health promotion

FOHERB Complex Protein Protein has a unique composition. functional, patented ingredients that positively affect the body. Thanks to patented technology, the nutrients are rapidly absorbed and start working, providing the body with high levels of fibre, low in calories and high in protein nutrients, which allow you to quickly achieve the effect of fat reduction without reducing muscle mass.



- Cleanses the intestines
- Provides detoxification
- Promotes better absorption
- Slows down aging
- Helps in weight loss
- Boosts metabolism
- Boosts immunity



600 g
(30 g × 20 packets)

LOW MOLECULAR WEIGHT SOYA PEPTIDE

66 €
50 PV

Peptides (aka proteins) are the basic building material of all cells in our body. This is why everyone needs to consume peptides on a regular basis.

Low molecular weight soya peptide perfectly copes with many tasks: strengthens immunity, helps to correct excess weight, increase or decrease appetite, helps to fight fatigue and chronic fatigue, helps to recover after a serious illness, increases vitality.



The product is made entirely from a plant base without the addition of any chemical additives and preservatives.



- Regulates and normalises the work of the gastrointestinal tract
- Stimulates the production of biologically active substances in the body
- Stimulates regeneration processes, cell renewal
- Recovery and rejuvenation of the body Promotes weight loss
- Strengthens immunity and defence functions of the body
- Regulates blood lipid levels and lipid metabolism
- Fights fatigue.



Ingredients: 90% soya peptide powder, 10% chrysanthemum powder; non-GMO. 5 g × 15 sachets

CAPSULES

LINGZHI FOHOW

20 €
15 PV

High bioavailability and digestibility thanks to cell wall disruption and sub-nanometre micronisation technology



- Relieves symptoms of bronchial asthma and other respiratory diseases
- Protects the liver
- Relieves cardiovascular symptoms, and cerebrovascular disease
- Reduces the likelihood of diabetes
- Normalises the nervous system
- Prevents cancer development
- Strengthens immunity
- Slows down the aging process in the body



Ingredients: mycelium powder of lingzhi mushroom, ganoderma spore powder with destroyed shell, five-leaf ginseng extract, mycelium powder of Chinese cordyceps, yellow dextrin, magnesium stearate, silicon dioxide, talc, soft gelatin capsule.
0.5 g × 24 capsules

REJUVENATING SPRAY

LIFTING

66.55 €
50PV

Rejuvenating spray - is a revitalising emulsion, which contains plant extracts to protect the skin



The spray smoothes wrinkles, improves the water balance of the facial skin, providing intensive and long-lasting moisturisation, revitalises dry and rough skin, improves elasticity and elasticity of the skin, gives it a healthy, beautiful glow.



- Intensely moisturises, skin becomes smoother and radiant
- Reduces skin pigmentation, evens and improves skin tone
- Fights signs of ageing and smooths out wrinkles
- Reduces redness and inflammation on the skin, soothes it, shrinks pores
- Reduces the negative effects of the skin UV rays
- Possesses antioxidant properties
- Increases skin firmness and elasticity

Ingredients: Water, glycerin, butanediol, propylene glycol, PORTULACA OLERACEA extract, rutin, P-hydroxyacetophenone, phenoxyethanol, sodium bisulfite, flavouring.
120 ml



WHIEDA



INTERNATIONAL ASSOCIATION
"HEALTH AND PROSPERITY"